

Number	Forename	Surname	Club	Category	Position	Time	M/F Position
82	Harry	Bond	Staffs Moorlands AC	MSEN	1	0:22'46"51	1
127	Eammon	Clowes	Newcastle (Staffs) Tri Club	MSEN	2	0:23'22"97	2
341	Alexander	Mayne	Cheadle RC	MSEN	3	0:23'32"37	3
73	Steve	Crowe	South Cheshire Harriers	MSEN	4	0:24'10"42	4
283	Conor	Clancy	Staffs Moorlands AC	MSEN	5	0:24'45"79	5
156	Matthew	Statham	Staffs Moorlands AC	M45	6	0:24'55"09	6
355	Simon	Davies	Mow Cop Runners	M40	7	0:25'12"65	7
131	Robert	Jackson	Wilmslow Running Club	M40	8	0:25'13"74	8
193	Tim	Sharman	Biddulph RC	M45	9	0:25'22"13	9
65	Markus	Dalgaard	Wilmslow Running Club	MSEN	10	0:25'35"09	10
236	Joe	Keeling	Staffs Moorlands AC	MSEN	11	0:25'38"65	11
87	George	Gilman	Macclesfield Harriers & AC	MSEN	12	0:25'59"34	12
272	Isaac	Elkington	Staffs Moorlands AC	MSEN	13	0:26'10"39	13
157	Nathan	Cherrington	Mow Cop Runners	MSEN	14	0:26'15"15	14
59	Andy	Mayers	South Cheshire Harriers	M55	15	0:26'21"85	15
147	Tom	Radley	Unattached	MSEN	16	0:26'30"09	16
372	Nicola	Reece	Wilmslow Running Club	F40	17	0:26'32"89	1
101	Shaun	Chambers	Salford Harriers	M60	18	0:26'50"28	17
129	Rebecca	Jackson	Wilmslow Running Club	FSEN	19	0:26'54"94	2
376	Ashley	Farrell	Wilmslow Running Club	MSEN	20	0:27'01"34	18
339	Andy	Taylor	Staffs Moorlands AC	M40	21	0:27'09"50	19
49	David	Ball	None	MSEN	22	0:27'11"04	20
86	Glyn	Pattinson	Cheadle RC	M55	23	0:27'18"01	21
173	Thomas	Minshull	Boalloy Running Club	MSEN	24	0:27'32"89	22
63	Mark	Shallcross	Trentham RC	MSEN	25	0:27'35"68	23
241	Jonty	Brown	Buxton AC	MSEN	26	0:27'42"46	24
172	Marlon	Martin	Trentham RC	MSEN	27	0:27'49"85	25
238	Liam	Fenton	Mow Cop Runners	MSEN	28	0:27'59"42	26
20	Matthew	Potts	Staffs Moorlands AC	M45	29	0:28'00"83	27
320	Richard	Harrison	Wilmslow Running Club	M50	30	0:28'05"85	28
258	Martin	Evans	Staffs Moorlands AC	M45	31	0:28'07"20	29
128	Nia	Nokes	Tipton Harriers	FSEN	32	0:28'14"01	3
103	Thomas	Ryder	Staffs Moorlands AC	MSEN	33	0:28'15"14	30
175	Chris	Bottomley	Boalloy Running Club	MSEN	34	0:28'22"77	31
117	David	Ratcliffe	Boalloy Running Club	M50	35	0:28'28"51	32
194	Chris	Watson	Trentham RC	MSEN	36	0:28'30"13	33
144	Andrew	Pegg	Unattached	M45	37	0:28'34"20	34
296	Chris	Gorman	Mow Cop Runners	M40	38	0:28'38"34	35
362	Kristy	Thorp	Macclesfield Harriers & AC	F50	39	0:28'47"97	4
330	Matthew	Ling	Congleton Harriers	M50	40	0:28'53"85	36
164	Alex	Hartley	Unattached	MSEN	41	0:28'54"67	37
38	Deborah	Thomas	Trentham Rc	F45	42	0:28'55"49	5
303	Mike	Hill	Wilmslow Running Club	M60	43	0:28'56"54	38
92	Graham	Screawn	Wilmslow Running Club	M55	44	0:29'17"28	39
88	Phil	Plant	Cheadle RC	M50	45	0:29'21"20	40
343	Andrew	Martin	Biddulph RC	M50	46	0:29'25"01	41
365	Faye	Sharpley	Macclesfield Harriers & AC	F40	47	0:29'29"09	6
124	Charlie	Futcher	Unattached	M45	48	0:29'34"29	42
354	Angela	Markley	Macclesfield Harriers & AC	F45	49	0:29'37"09	7
300	Julian	Brown	Macclesfield Harriers & AC	M60	50	0:29'45"24	43
66	Jacob	Pear	Stoke F.I.T	MSEN	51	0:29'50"65	44
161	Adam	Huxley	Stoke F.I.T	MSEN	52	0:29'52"89	45
289	Julian	Waldron	Trentham RC	M50	53	0:30'00"13	46
123	Colin	Watret	Congleton Harriers	M50	54	0:30'02"68	47
80	Chris	Joyce	Unattached	MSEN	55	0:30'04"50	48
349	Adam	Swain-Fossey	Unattached	M45	56	0:30'05"40	49
168	Richard	Ford	Unattached	M50	57	0:30'18"69	50
135	Stephen	Greaves	Wilmslow Running Club	M55	58	0:30'22"39	51
237	Aaron	Mills	Staffs Moorlands AC	MSEN	59	0:30'24"12	52
333	Daniel	Jordan	Trentham Rc	M55	60	0:30'28"77	53
306	Helen	Saunders	Macclesfield Harriers & AC	FSEN	61	0:30'34"85	8
169	Eliot	Powell	Stoke F.I.T	M45	62	0:30'36"29	54

324	David	Booth	Macclesfield Harriers & AC	M40	63	0:30'40"97	55
367	Francesca	Picucci	Unattached	FSEN	64	0:30'49"34	9
170	Tom	Perry	Unattached	MSEN	65	0:31'02"63	56
290	Jenna	Espley	Staffs Moorlands AC	FSEN	66	0:31'05"55	10
336	Sam	Seddon	Unattached	MSEN	67	0:31'13"24	57
109	Charmaine	Wood	Macclesfield Harriers & AC	F45	68	0:31'25"42	11
35	Joe	Macha	Boalloy Running Club	MSEN	69	0:31'35"09	58
76	Chris	Goodfellow	Macclesfield Harriers & AC	M55	70	0:31'37"37	59
151	Dave	Clark	Sandbach Striders	M45	71	0:31'38"56	60
89	Rachel	Clewlou	Staffs Moorlands AC	FSEN	72	0:31'40"44	12
46	Tony	Dyche	Biddulph RC	M50	73	0:31'45"13	61
179	Claire	Taylor	Unattached	F45	74	0:31'46"77	13
143	Adam	Geens	Staffs Moorlands AC	M45	75	0:31'48"63	62
261	Emma	Docksey	Staffs Moorlands AC	FSEN	76	0:31'51"13	14
83	Mark	Smith	Congleton Harriers	M45	77	0:31'53"88	63
44	Carl	Williams	Boalloy Running Club	M60	78	0:31'57"85	64
377	Neil	Emery	Mow Cop Runners	M60	79	0:32'01"85	65
100	Paul	Staley	Unattached	M55	80	0:32'06"79	66
351	Leo	Wheeler	Silverdale RC	MSEN	81	0:32'10"24	67
60	Paul	Lockett	Staffs Moorlands AC	M50	82	0:32'15"74	68
186	Nigel	Atkins	South Derbyshire Road Runners	M60	83	0:32'19"09	69
77	Luke	Wint	Unattached	MSEN	84	0:32'27"69	70
152	Eva	Mion	Macclesfield Harriers & AC	FSEN	85	0:32'33"51	15
40	Leigh	Wykes	Staffs Moorlands AC	M50	86	0:32'46"92	71
56	Trevor	Haworth	Congleton Harriers	M65	87	0:32'50"54	72
373	Susan	Harrison	Wilmslow Running Club	F50	88	0:32'56"23	16
198	Anton	Mellor	Mow Cop Runners	MSEN	89	0:33'03"89	73
335	Steve	Macha	Boalloy Running Club	M60	90	0:33'06"94	74
165	James	Lewis	Stoke F.I.T	M45	91	0:33'07"97	75
51	Elton	Hood	Silverdale RC	M50	92	0:33'13"68	76
159	Jason	Ashworth	Stoke F.I.T	M45	93	0:33'16"01	77
33	Steve	Massey	Staffs Moorlands AC	M60	94	0:33'18"09	78
167	Thomas	Ford	Unattached	MSEN	95	0:33'23"34	79
130	Frances	Jackson	Wilmslow Running Club	FSEN	96	0:33'25"08	17
243	Shan	Preece	Staffs Moorlands AC	FSEN	97	0:33'33"01	18
340	Robin	Spooner	Staffs Moorlands AC	M45	98	0:33'35"96	80
255	Jason	Peach	Biddulph RC	M50	99	0:33'46"65	81
150	Antonio	Mion	Running Bear	M60	100	0:33'49"79	82
353	Fiona	Gunning	Boalloy Running Club	F40	101	0:33'51"74	19
98	Dave	McGuire	Unattached	M45	102	0:33'55"54	83
287	Jack	Stewart	Biddulph RC	MSEN	103	0:34'02"97	84
315	Samuel	Cross	Biddulph RC	MSEN	104	0:34'06"46	85
197	Louis	Leigh	Unattached	MSEN	105	0:34'07"63	86
286	Jennifer	Pickering	Biddulph RC	FSEN	106	0:34'08"69	20
285	Matthew	Hales	Staffs Moorlands AC	M40	107	0:34'12"88	87
196	Mark	Stoddard	Cheadle RC	M55	108	0:34'21"42	88
126	James	Simpson	Stoke F.I.T	M50	109	0:34'32"09	89
248	Mark	Dean	Staffs Moorlands AC	M60	110	0:34'35"24	90
344	Lizzy	Newham	Congleton Harriers	FSEN	111	0:34'43"23	21
359	Annie	Taylor	South Cheshire Harriers	F40	112	0:34'44"31	22
378	Tracy	Bown	Wilmslow Running Club	F60	113	0:34'46"33	23
140	Jason	White	Staffs Moorlands AC	M55	114	0:34'52"24	91
97	Ryan	Moss	Congleton Harriers	MSEN	115	0:34'53"34	92
265	Hannah	Arnold	Staffs Moorlands AC	F45	116	0:34'57"37	24
305	Ellie	Dick	Congleton Harriers	F45	117	0:35'02"09	25
252	James	Terry	Staffs Moorlands AC	M45	118	0:35'03"12	93
256	Arthur	Davison	Biddulph RC	MSEN	119	0:35'08"88	94
361	Geoff	Pettengell	Mow Cop Runners	M65	120	0:35'16"34	95
154	Richard	Eadie	Congleton Harriers	M55	121	0:35'18"92	96
189	Iain	Thacker	Congleton Harriers	M55	122	0:35'21"88	97
116	Kate	Sutton	Wilmslow Running Club	F60	123	0:35'23"34	26
160	Jennifer	Upstone	Staffs Moorlands AC	FSEN	124	0:35'34"83	27
356	Andy	Thorp	Macclesfield Harriers & AC	M60	125	0:35'44"51	98

148	Fiona	Ridout	Unattached	FSEN	126	0:36'06"23	28
55	Darren	Peart	North Staffs RR Association	M55	127	0:36'07"55	99
247	Harry	Dean	Unattached	MSEN	128	0:36'11"34	100
276	Kevin	Mottram	Buxton AC	M50	129	0:36'14"77	101
350	Angela	Luznyj	Staffs Moorlands AC	F45	130	0:36'17"89	29
112	Holly	Frances	Macclesfield Harriers & AC	F45	131	0:36'22"89	30
114	Sally	Gilliver	Running Bear	F65	132	0:36'25"33	31
316	Kevin	Hughes	Congleton Harriers	M45	133	0:36'29"08	102
284	Chloe	Law	Staffs Moorlands AC	FSEN	134	0:36'30"82	32
338	Adam	Badenjiki	Unattached	MSEN	135	0:36'34"94	103
299	Joanna	Miles	Macclesfield Harriers & AC	F60	136	0:36'36"45	33
371	Andy	Watts	Wilmslow Running Club	M75	137	0:36'39"24	104
69	Harry	Julian	Trentham RC	MSEN	138	0:36'41"74	105
58	Peter	Gibbs	Stoke F.I.T	M50	139	0:36'45"89	106
257	Mark	Payne	Biddulph RC	M55	140	0:36'49"24	107
310	Aaron	Horrell	Unattached	MSEN	141	0:36'56"96	108
250	Nadiah	Laajam	Wilmslow Running Club	F45	142	0:37'01"92	34
41	Alicia	Gilbert	Silverdale RC	F40	143	0:37'06"74	35
141	Jeremy	Brookes	Biddulph RC	M50	144	0:37'09"12	109
279	Laura	Reynolds	Wilmslow Running Club	F45	145	0:37'11"15	36
45	John	Barber	Boalloy Running Club	M60	146	0:37'16"74	110
292	Martha	Gilman	Unattached	FSEN	147	0:37'23"68	37
322	Nicole	Atherton	Trentham RC	FSEN	148	0:37'29"79	38
323	Robert	Kenyon	Unattached	M50	149	0:37'35"94	111
262	Steve	Russell	Wilmslow Running Club	M65	150	0:37'40"54	112
67	Olivia	Rhodes	Unattached	FSEN	151	0:37'41"72	39
68	Marcus	Pearson	Stoke F.I.T	MSEN	152	0:37'42"55	113
61	Chris	Hinton	Staffs Moorlands AC	M65	153	0:37'44"63	114
240	Mark	Cooper	Biddulph RC	M50	154	0:37'52"24	115
176	Thomas	Wilkinson	Unattached	M40	155	0:37'56"85	116
177	Victoria	Wilkinson	Unattached	FSEN	156	0:37'58"09	40
72	Clare	Bratt	Stoke F.I.T	F45	157	0:38'00"20	41
166	David	Wallace	Stoke F.I.T	M40	158	0:38'29"51	117
254	Martha	Ceuppens	Unattached	FSEN	159	0:38'48"37	42
78	Jack	Lomas	Unattached	MSEN	160	0:38'59"79	118
93	Janet	Screawn	Wilmslow Running Club	F55	161	0:39'02"65	43
125	Donna	Futcher	Unattached	F40	162	0:39'06"89	44
99	Carly	Chawner	Stoke F.I.T	FSEN	163	0:39'09"94	45
102	Lee	Robertson	Unattached	MSEN	164	0:39'11"09	119
301	Emilia	Rusbridge	Congleton Harriers	FSEN	165	0:39'11"98	46
268	Christopher	Ridgway	Congleton Harriers	M40	166	0:39'13"01	120
242	Kate	Brown	Buxton AC	F50	167	0:39'42"09	47
314	Laura	Weston	Lonely Goat RC	FSEN	168	0:39'54"95	48
146	Bethan	Ambler	Congleton Harriers	F45	169	0:39'56"26	49
95	David	Bloor	Congleton Harriers	M75	170	0:39'58"30	121
348	Leanne	Fowler	Biddulph RC	F40	171	0:39'59"58	50
96	Jackie	Moss	Congleton Harriers	F45	172	0:40'00"35	51
297	Poppy	Prentice	Mow Cop Runners	FSEN	173	0:40'00"83	52
108	Heather	Rooney	Unattached	F55	174	0:40'09"13	53
31	Rachael	Shankland	Stoke F.I.T	F40	175	0:40'17"37	54
105	Caroline	Stonier	Congleton Harriers	F50	176	0:40'25"89	55
358	Emily	Proudlove	Congleton Harriers	FSEN	177	0:40'30"01	56
374	Joe	Pointon	Unattached	MSEN	178	0:40'36"85	122
113	Charles	Larsson	Silverdale RC	M55	179	0:40'50"01	123
308	Emma	Brydges	Biddulph RC	FSEN	180	0:40'56"55	57
309	Daniel	Bradley	Unattached	MSEN	181	0:40'57"68	124
132	Rebecca	Massey Smith	Biddulph RC	FSEN	182	0:41'26"89	58
337	Dave	Edge	Staffs Moorlands AC	M70	183	0:41'31"32	125
121	Faye	Gaunt	Congleton Harriers	FSEN	184	0:41'36"97	59
163	Stephen	Plant	Staffs Moorlands AC	M70	185	0:41'40"55	126
260	John	Porteous	Wilmslow Running Club	M70	186	0:41'51"09	127
145	Carolyn	Hirons	Wilmslow Running Club	F60	187	0:42'06"29	60
195	Donna	Charlesworth-Simpson	Congleton Harriers	F60	188	0:42'12"85	61

133	Katie	Nuttall	Unattached	F40	189	0:42'20"29	62
326	Mark	Godden	Macclesfield Harriers & AC	M65	190	0:42'35"29	128
364	Amy	Carney	Biddulph RC	F45	191	0:42'36"77	63
21	Brian	Tonks	Trentham Rc	M65	192	0:42'48"09	129
244	Vivienne	Ross	Staffs Moorlands AC	F55	193	0:42'49"12	64
42	Geoff	Channon	Staffs Moorlands AC	M70	194	0:42'52"37	130
115	Olivia	Larsson	Silverdale RC	FSEN	195	0:43'02"20	65
327	Andrew	Addis	Mow Cop Runners	M70	196	0:43'26"55	131
363	Sarah	Miles	Running Bear	F45	197	0:43'29"55	66
313	Stevan	Fern	Stoke F.I.T	M50	198	0:43'33"24	132
345	Jon	Land	Silverdale RC	M40	199	0:43'40"01	133
239	Wendy	McMahon	Macclesfield Harriers & AC	F45	200	0:43'48"20	67
104	Liz	Ross	Stoke F.I.T	FSEN	201	0:43'48"82	68
375	Roz	Lees	Congleton Harriers	FSEN	202	0:44'01"34	69
138	Jo	Owen	Unattached	F40	203	0:44'08"77	70
136	Jennie	Barr	Unattached	F45	204	0:44'14"23	71
259	Fraser	Page	Biddulph RC	MSEN	205	0:44'34"09	134
199	David	Taylor	Staffs Moorlands AC	M65	206	0:44'35"37	135
304	Andy	Smallman	Unattached	M70	207	0:44'46"69	136
325	Louise	Godden	Unattached	F65	208	0:45'11"37	72
111	Laura	Morris	Stoke F.I.T	FSEN	209	0:45'14"50	73
110	Gary	Morris	Stoke F.I.T	M40	210	0:45'16"77	137
366	Mandy	Bettany	Trentham RC	F50	211	0:45'20"60	74
269	Emma	Bettany	Unattached	F55	212	0:45'26"74	75
50	Steve	Parton	Stoke F.I.T	M45	213	0:45'27"72	138
39	Anthony	Hulme	Macclesfield Harriers & AC	M75	214	0:45'48"37	139
357	Hollie	Birkinshaw	Silverdale RC	FSEN	215	0:46'04"51	76
30	Christopher	Hallworth	Buxton AC	M50	216	0:46'15"88	140
181	Ella	Lyman	Congleton Harriers	F55	217	0:47'00"46	77
25	Nichola	Sargeant	Buxton AC	F50	218	0:47'04"09	78
106	David	Baker	Staffs Moorlands AC	M70	219	0:47'17"20	141
187	Rebecca	Atkins	South Derbyshire Road Runners	F50	220	0:47'22"58	79
185	Emily	Atkins	South Derbyshire Road Runners	FSEN	221	0:47'23"63	80
178	Ian	Ashcroft	Wilmslow Running Club	M80	222	0:47'40"20	142
22	Nigel	Lee	Newcastle Staffs Ac	M70	223	0:47'58"94	143
57	Kerry	Walker	Stoke F.I.T	FSEN	224	0:48'19"68	81
184	Sarah	Richards	Congleton Harriers	F55	225	0:48'20"44	82
79	Mike	Turner	Staffs Moorlands Ac	M45	226	0:48'28"79	144
360	Malcolm	Rushton	Trentham Rc	M75	227	0:52'57"00	145
235	Mark	Taylor	Staffs Moorlands AC	M40	228	1:04'41"00	146
312	Rachel	Bentley	Stoke F.I.T	F40	229	DNF	83