

Number	Forename	Surname	Club	Category	Position	Time	M/F Position
82	Harry	Bond	Staffs Moorlands AC	MSEN	1	0:30'30"22	0
368	Callum	Dillon	Staffs Moorlands AC	MSEN	2	0:30'37"75	0
341	Alexander	Mayne	Cheadle RC	MSEN	3	0:31'47"01	0
283	Conor	Clancy	Staffs Moorlands AC	MSEN	4	0:31'48"18	0
73	Steve	Crowe	South Cheshire Harriers	MSEN	5	0:32'09"68	0
156	Matthew	Statham	Staffs Moorlands AC	M45	6	0:32'21"87	0
182	Jason	Burgess	Staffs Moorlands AC	M50	7	0:32'46"20	0
355	Simon	Davies	Mow Cop Runners	M40	8	0:33'02"49	0
272	Isaac	Elkington	Staffs Moorlands AC	MSEN	9	0:33'14"15	0
193	Tim	Sharman	Biddulph RC	M45	10	0:33'24"53	0
157	Nathan	Cherrington	Mow Cop Runners	MSEN	11	0:33'31"11	0
236	Joe	Keeling	Staffs Moorlands AC	MSEN	12	0:33'42"97	0
107	Paul	Shepherd	Staffs Moorlands AC	M40	13	0:34'22"99	0
59	Andy	Mayers	South Cheshire Harriers	M55	14	0:34'37"23	0
85	Michael	Clewlow	Staffs Moorlands AC	M45	15	0:34'55"57	0
101	Shaun	Chambers	Salford Harriers	M60	16	0:35'12"24	0
238	Liam	Fenton	Mow Cop Runners	MSEN	17	0:35'13"14	0
49	David	Ball	None	MSEN	18	0:35'19"81	0
339	Andy	Taylor	Staffs Moorlands AC	M40	19	0:35'27"19	0
86	Glyn	Pattinson	Cheadle RC	M55	20	0:35'31"85	0
161	Adam	Huxley	Stoke F.I.T	MSEN	21	0:35'41"40	0
117	David	Ratcliffe	Boalloy Running Club	M50	22	0:35'45"76	0
251	Joshua	Goodwin	Unattached	MSEN	23	0:36'10"06	0
258	Martin	Evans	Staffs Moorlands AC	M45	24	0:36'14"64	0
129	Rebecca	Jackson	Wilmslow Running Club	FSEN	25	0:36'19"80	0
63	Mark	Shallcross	Trentham RC	MSEN	26	0:36'29"12	0
194	Chris	Watson	Trentham RC	MSEN	27	0:36'32"68	0
20	Matthew	Potts	Staffs Moorlands AC	M45	28	0:36'35"40	0
52	Joanne	Stanfield	Trentham RC	F55	29	0:36'38"31	0
164	Alex	Hartley	Unattached	MSEN	30	0:36'42"58	0
128	Nia	Nokes	Tipton Harriers	FSEN	31	0:36'49"06	0
296	Chris	Gorman	Mow Cop Runners	M40	32	0:36'54"30	0
330	Matthew	Ling	Congleton Harriers	M50	33	0:36'56"69	0
343	Andrew	Martin	Biddulph RC	M50	34	0:37'03"47	0
37	Ian	Heath	Trentham RC	M60	35	0:37'08"98	0
241	Jonty	Brown	Buxton AC	MSEN	36	0:37'14"53	0
362	Kristy	Thorp	Macclesfield Harriers & AC	F50	37	0:37'15"34	0
170	Tom	Perry	Unattached	MSEN	38	0:37'22"76	0
38	Deborah	Thomas	Trentham Rc	F45	39	0:37'26"94	0
135	Stephen	Greaves	Wilmslow Running Club	M55	40	0:38'00"99	0
172	Marlon	Martin	Trentham RC	MSEN	41	0:38'07"65	0
287	Jack	Stewart	Biddulph RC	MSEN	42	0:38'10"40	0
365	Faye	Sharpley	Macclesfield Harriers & AC	F40	43	0:38'11"37	0
349	Adam	Swain-Fossey	Unattached	M45	44	0:38'12"29	0
261	Emma	Docksey	Staffs Moorlands AC	FSEN	45	0:38'14"71	0
66	Jacob	Pearl	Stoke F.I.T	MSEN	46	0:38'15"48	0
168	Richard	Ford	Unattached	M50	47	0:38'16"83	0
94	Stuart	Rider	Congleton Harriers	M45	48	0:38'18"15	0
35	Joe	MacHa	Boalloy Running Club	MSEN	49	0:38'43"18	0
369	Caroline	Rees	Staffs Moorlands AC	FSEN	50	0:38'44"37	0
322	Nicole	Atherton	Trentham RC	FSEN	51	0:38'47"55	0
151	Dave	Clark	Sandbach Striders	M45	52	0:38'51"49	0
80	Chris	Joyce	Unattached	MSEN	53	0:39'00"93	0
237	Aaron	Mills	Staffs Moorlands AC	MSEN	54	0:39'08"05	0
274	Anthony	Jones	Staffs Moorlands AC	M55	55	0:39'10"62	0
354	Angela	Markley	Macclesfield Harriers & AC	F45	56	0:39'11"57	0
169	Eliot	Powell	Stoke F.I.T	M45	57	0:39'15"08	0
83	Mark	Smith	Congleton Harriers	M45	58	0:39'18"22	0
300	Julian	Brown	Macclesfield Harriers & AC	M60	59	0:39'34"18	0

100	Paul	Staley	Unattached	M55	60	0:39'51"91	0
351	Leo	Wheeler	Silverdale RC	MSEN	61	0:39'55"34	0
289	Julian	Waldron	Trentham RC	M50	62	0:39'58"68	0
109	Charmaine	Wood	Macclesfield Harriers & AC	F45	63	0:40'02"53	0
46	Tony	Dyche	Biddulph RC	M50	64	0:40'15"51	0
51	Elton	Hood	Silverdale RC	M50	65	0:40'17"51	0
333	Daniel	Jordan	Trentham Rc	M55	66	0:40'20"51	0
290	Jenna	Espley	Staffs Moorlands AC	FSEN	67	0:40'25"55	0
253	Tracy	Latham	Boalloy Running Club	F45	68	0:40'32"55	0
165	James	Lewis	Stoke F.I.T	M45	69	0:40'33"33	0
186	Nigel	Atkins	South Derbyshire Road Runners	M60	70	0:40'34"25	0
40	Leigh	Wykes	Staffs Moorlands AC	M50	71	0:40'36"94	0
44	Carl	Williams	Boalloy Running Club	M60	72	0:41'05"52	0
273	Tom	Watson	Boalloy Running Club	MSEN	73	0:41'10"43	0
307	Lewis	Edwards	South Cheshire Harriers	MSEN	74	0:41'14"44	0
60	Paul	Lockett	Staffs Moorlands AC	M50	75	0:41'29"37	0
77	Luke	Wint	Unattached	MSEN	76	0:41'37"49	0
56	Trevor	Haworth	Congleton Harriers	M65	77	0:41'43"68	0
340	Robin	Spooner	Staffs Moorlands AC	M45	78	0:41'44"68	0
33	Steve	Massey	Staffs Moorlands AC	M60	79	0:41'45"68	0
118	Stephen	Wright	Sandbach Striders	M45	80	0:41'51"21	0
143	Adam	Geens	Staffs Moorlands AC	M45	81	0:42'20"05	0
197	Louis	Leigh	Unattached	MSEN	82	0:42'29"31	0
185	Emily	Atkins	South Derbyshire Road Runners	FSEN	83	0:42'31"35	0
69	Harry	Julian	Trentham RC	MSEN	84	0:42'33"92	0
36	Darcey	Paskin	Trentham RC	FSEN	85	0:42'41"28	0
198	Anton	Mellor	Mow Cop Runners	MSEN	86	0:42'53"44	0
179	Claire	Taylor	Unattached	F45	87	0:43'00"76	0
180	James	Burgess	Staffs Moorlands AC	MSEN	88	0:43'14"92	0
90	Phil	Heath	Unattached	M45	89	0:43'16"92	0
98	Dave	McGuire	Unattached	M45	90	0:43'24"72	0
335	Steve	MacHa	Boalloy Running Club	M60	91	0:43'26"19	0
140	Jason	White	Staffs Moorlands AC	M55	92	0:43'31"51	0
255	Jason	Peach	Biddulph RC	M50	93	0:43'37"05	0
247	Harry	Dean	Unattached	MSEN	94	0:43'46"63	0
126	James	Simpson	Stoke F.I.T	M50	95	0:43'53"73	0
167	Thomas	Ford	Unattached	MSEN	96	0:44'07"11	0
196	Mark	Stoddard	Cheadle RC	M55	97	0:44'11"60	0
155	Martin	Sands	Congleton Harriers	M55	98	0:44'13"30	0
248	Mark	Dean	Staffs Moorlands AC	M60	99	0:44'15"50	0
350	Angela	Luznyj	Staffs Moorlands AC	F45	100	0:44'24"34	0
246	George	Dean	Trentham RC	MSEN	101	0:44'30"73	0
152	Eva	Mion	Macclesfield Harriers & AC	FSEN	102	0:44'32"86	0
154	Richard	Eadie	Congleton Harriers	M55	103	0:44'37"05	0
149	Suzanne	Corden	Staffs Moorlands AC	F50	104	0:44'38"79	0
265	Hannah	Arnold	Staffs Moorlands AC	F45	105	0:44'44"36	0
270	Daniel	Mellor	Congleton Harriers	MSEN	106	0:44'46"11	0
310	Aaron	Horrell	Unattached	MSEN	107	0:44'54"28	0
298	Callum	Atkins	Unattached	MSEN	108	0:44'59"28	0
102	Lee	Robertson	Unattached	MSEN	109	0:45'06"74	0
359	Annie	Taylor	South Cheshire Harriers	F40	110	0:45'07"60	0
370	Chloe	Nahum-Claudel	Macclesfield Harriers & AC	F40	111	0:45'08"30	0
256	Arthur	Davison	Biddulph RC	MSEN	112	0:45'27"25	0
97	Ryan	Moss	Congleton Harriers	MSEN	113	0:45'31"77	0
99	Carly	Chawner	Stoke F.I.T	FSEN	114	0:45'35"58	0
268	Christopher	Ridgway	Congleton Harriers	M40	115	0:45'36"74	0
292	Martha	Gilman	Unattached	FSEN	116	0:45'59"95	0
344	Lizzy	Newham	Congleton Harriers	FSEN	117	0:46'06"08	0
55	Darren	Pearl	North Staffs RR Association	M55	118	0:46'21"94	0
45	John	Barber	Boalloy Running Club	M60	119	0:46'25"05	0

361	Geoff	Pettengell	Mow Cop Runners	M65	120	0:46'30"25	0
286	Jennifer	Pickering	Biddulph RC	FSEN	121	0:46'31"40	0
41	Alicia	Gilbert	Silverdale RC	F40	122	0:46'32"86	0
257	Mark	Payne	Biddulph RC	M55	123	0:46'35"29	0
299	Joanna	Miles	Macclesfield Harriers & AC	F60	124	0:46'56"51	0
356	Andy	Thorp	Macclesfield Harriers & AC	M60	125	0:47'00"40	0
72	Clare	Bratt	Stoke F.I.T	F45	126	0:47'01"40	0
240	Mark	Cooper	Biddulph RC	M50	127	0:47'02"94	0
160	Jennifer	Upstone	Staffs Moorlands AC	FSEN	128	0:47'09"89	0
308	Emma	Brydges	Biddulph RC	FSEN	129	0:47'12"26	0
264	Steven	Stanton	Unattached	MSEN	130	0:47'28"44	0
141	Jeremy	Brookes	Biddulph RC	M50	131	0:47'36"86	0
262	Steve	Russell	Wilmslow Running Club	M65	132	0:47'40"80	0
166	David	Wallace	Stoke F.I.T	M40	133	0:47'49"27	0
174	Kate	Franklin	Macclesfield Harriers & AC	F40	134	0:47'52"33	0
125	Donna	Futcher	Unattached	F40	135	0:47'56"30	0
176	Thomas	Wilkinson	Unattached	M40	136	0:48'02"22	0
177	Victoria	Wilkinson	Unattached	FSEN	137	0:48'03"11	0
67	Olivia	Rhodes	Unattached	FSEN	138	0:48'03"87	0
68	Marcus	Pearson	Stoke F.I.T	MSEN	139	0:48'04"62	0
61	Chris	Hinton	Staffs Moorlands AC	M65	140	0:48'06"09	0
23	Pucharee Mai	Siribud	Whitchurch Whippets	F45	141	0:48'49"67	0
108	Heather	Rooney	Unattached	F55	142	0:48'54"04	0
132	Rebecca	Massey Smith	Biddulph RC	FSEN	143	0:48'59"53	0
146	Bethan	Ambler	Congleton Harriers	F45	144	0:49'26"52	0
301	Emilia	Rusbridge	Congleton Harriers	FSEN	145	0:49'44"39	0
78	Jack	Lomas	Unattached	MSEN	146	0:50'05"19	0
288	Jane	Graham	Unattached	F45	147	0:50'05"55	0
317	Ianka	Evans	Mow Cop Runners	F55	148	0:50'14"90	0
337	Dave	Edge	Staffs Moorlands AC	M70	149	0:50'28"09	0
91	Harriet	Wood	Unattached	F40	150	0:50'35"43	0
137	John	Vel	Macclesfield Harriers & AC	M60	151	0:50'44"29	0
31	Rachael	Shankland	Stoke F.I.T	F40	152	0:50'54"01	0
95	David	Bloor	Congleton Harriers	M75	153	0:50'55"01	0
113	Charles	Larsson	Silverdale RC	M55	154	0:51'10"55	0
93	Janet	Screawn	Wilmslow Running Club	F55	155	0:51'12"91	0
121	Faye	Gaunt	Congleton Harriers	FSEN	156	0:51'16"29	0
314	Laura	Weston	Lonely Goat RC	FSEN	157	0:51'38"40	0
345	Jon	Land	Silverdale RC	M40	158	0:51'49"83	0
105	Caroline	Stonier	Congleton Harriers	F50	159	0:51'52"44	0
319	David	Heard	Unattached	MSEN	160	0:51'58"08	0
271	Chris	Turner	Staffs Moorlands AC	M40	161	0:52'00"38	0
104	Liz	Ross	Stoke F.I.T	FSEN	162	0:52'18"88	0
29	Sarah	Guisse	Buxton AC	F55	163	0:52'25"46	0
348	Leanne	Fowler	Biddulph RC	F40	164	0:52'30"75	0
163	Stephen	Plant	Staffs Moorlands AC	M70	165	0:52'51"30	0
260	John	Porteous	Wilmslow Running Club	M70	166	0:52'57"37	0
26	Rosie	Dinnen	Buxton AC	F50	167	0:53'05"33	0
133	Katie	Nuttall	Unattached	F40	168	0:53'08"44	0
297	Poppy	Prentice	Mow Cop Runners	FSEN	169	0:53'16"66	0
326	Mark	Godden	Macclesfield Harriers & AC	M65	170	0:53'23"55	0
42	Geoff	Channon	Staffs Moorlands AC	M70	171	0:53'50"98	0
259	Fraser	Page	Biddulph RC	MSEN	172	0:53'57"78	0
110	Gary	Morris	Stoke F.I.T	M40	173	0:54'07"06	0
294	Phillippa	Cooper	Unattached	FSEN	174	0:54'26"80	0
327	Andrew	Addis	Mow Cop Runners	M70	175	0:54'33"69	0
281	Nicholas	Wylie	Newport and District RC	M65	176	0:54'59"12	0
325	Louise	Godden	Unattached	F65	177	0:56'14"80	0
115	Olivia	Larsson	Silverdale RC	FSEN	178	0:56'20"01	0
321	Ian	Ankers	Staffs Moorlands AC	M75	179	0:56'38"49	0

366	Mandy	Bettany	Trentham RC	F50	180	0:57'00"84	0
25	Nichola	Sargeant	Buxton AC	F50	181	0:57'13"83	0
111	Laura	Morris	Stoke F.I.T	FSEN	182	0:57'19"21	0
199	David	Taylor	Staffs Moorlands AC	M65	183	0:58'17"31	0
64	Zoe	Grant	Stoke F.I.T	F45	184	0:58'27"35	0
106	David	Baker	Staffs Moorlands AC	M70	185	0:59'08"54	0
138	Jo	Owen	Unattached	F40	186	0:59'10"99	0
136	Jennie	Barr	Unattached	F45	187	0:59'11"87	0
357	Hollie	Birkinshaw	Silverdale RC	FSEN	188	0:59'20"78	0
331	Lauren	Weaver	Stoke F.I.T	F45	189	0:59'23"71	0
43	Jonathan	Proud	Unattached	M75	190	0:59'50"86	0
312	Rachel	Bentley	Stoke F.I.T	F40	191	0:59'56"81	0
313	Stevan	Fern	Stoke F.I.T	M50	192	0:59'58"16	0
79	Mike	Turner	Staffs Moorlands Ac	M45	193	1:00'14"80	0
57	Kerry	Walker	Stoke F.I.T	FSEN	194	1:00'27"69	0
139	Richard	Benson	Congleton Harriers	M70	195	1:00'39"62	0
187	Rebecca	Atkins	South Derbyshire Road Runners	F50	196	1:01'03"78	0
22	Nigel	Lee	Newcastle Staffs Ac	M70	197	1:02'26"83	0
30	Christopher	Hallworth	Buxton AC	M50	198	1:02'28"11	0
235	Mark	Taylor	Staffs Moorlands AC	M40	199	1:21'25"00	0
84	Alex	Wood	Staffs Moorlands AC	MSEN	200	DNF	0
189	Iain	Thacker	Congleton Harriers	M55	201	DNF	0