

Number	Forename	Surname	Club	Category	Position	Time	M/F Position			
82	Harry	Bond	Staffs Moorlands AC	MSEN	1	0:23'28"62	1			
341	Alexander	Mayne	Cheadle RC	MSEN	2	0:23'32"41	2			
127	Eammon	Clowes	Newcastle (Staffs) Tri Club	MSEN	3	0:24'09"80	3			
238	Liam	Fenton	Mow Cop Runners	MSEN	4	0:25'53"97	4			
355	Simon	Davies	Mow Cop Runners	M40	5	0:25'55"92	5			
193	Tim	Sharman	Biddulph RC	M45	6	0:25'58"90	6			
283	Conor	Clancy	Staffs Moorlands AC	MSEN	7	0:26'07"10	7			
236	Joe	Keeling	Staffs Moorlands AC	MSEN	8	0:26'23"76	8			
65	Markus	Dalgaard	Wilmslow Running Club	MSEN	9	0:26'55"66	9			
87	George	Gilman	Macclesfield Harriers & AC	MSEN	10	0:27'04"98	10			
86	Glyn	Pattinson	Cheadle RC	M55	11	0:27'10"63	11			
157	Nathan	Cherrington	Mow Cop Runners	MSEN	12	0:27'17"07	12			
339	Andy	Taylor	Staffs Moorlands AC	M40	13	0:27'22"60	13			
161	Adam	Huxley	Stoke F.I.T	MSEN	14	0:27'29"58	14			
129	Rebecca	Jackson	Wilmslow Running Club	FSEN	15	0:27'31"17	1			
85	Michael	Clelow	Staffs Moorlands AC	M45	16	0:27'41"20	15			
170	Tom	Perry	Unattached	MSEN	17	0:27'49"57	16			
194	Chris	Watson	Trentham RC	MSEN	18	0:27'50"82	17			
49	David	Ball	None	MSEN	19	0:27'54"68	18			
241	Jonty	Brown	Buxton AC	MSEN	20	0:27'55"85	19			
101	Shaun	Chambers	Salford Harriers	M60	21	0:27'56"45	20			
52	Joanne	Stanfield	Trentham RC	F55	22	0:27'57"97	2			
63	Mark	Shallcross	Trentham RC	MSEN	23	0:28'02"56	21			
280	Harry	Hitchen	Unattached	MSEN	24	0:28'04"66	22			
147	Tom	Radley	Unattached	MSEN	25	0:28'11"36	23			
103	Thomas	Ryder	Staffs Moorlands AC	MSEN	26	0:28'13"85	24			
59	Andy	Mayers	South Cheshire Harriers	M55	27	0:28'25"41	25			
135	Stephen	Greaves	Wilmslow Running Club	M55	28	0:28'30"77	26			
20	Matthew	Potts	Staffs Moorlands AC	M45	29	0:28'34"41	27			
352	Tobias	Miller	Unattached	MSEN	30	0:28'45"50	28			
258	Martin	Evans	Staffs Moorlands AC	M45	31	0:28'51"21	29			
164	Alex	Hartley	Unattached	MSEN	32	0:29'02"40	30			
128	Nia	Nokes	Tipton Harriers	FSEN	33	0:29'03"88	3			
88	Phil	Plant	Cheadle RC	M50	34	0:29'09"62	31			
144	Andrew	Pegg	Unattached	M45	35	0:29'17"64	32			
362	Kristy	Thorp	Macclesfield Harriers & AC	F50	36	0:29'24"03	4			
296	Chris	Gorman	Mow Cop Runners	M40	37	0:29'40"02	33			
330	Matthew	Ling	Congleton Harriers	M50	38	0:29'40"63	34			
38	Deborah	Thomas	Trentham Rc	F45	39	0:29'43"51	5			
123	Colin	Watret	Congleton Harriers	M50	40	0:29'44"23	35			
46	Tony	Dyche	Biddulph RC	M50	41	0:29'50"50	36			
261	Emma	Docksey	Staffs Moorlands AC	FSEN	42	0:29'54"68	6			
92	Graham	Screawn	Wilmslow Running Club	M55	43	0:30'03"36	37			
307	Lewis	Edwards	South Cheshire Harriers	MSEN	44	0:30'06"97	38			
37	Ian	Heath	Trentham RC	M60	45	0:30'10"03	39			
80	Chris	Joyce	Unattached	MSEN	46	0:30'15"39	40			
354	Angela	Markley	Macclesfield Harriers & AC	F45	47	0:30'18"19	7			
124	Charlie	Futcher	Unattached	M45	48	0:30'29"12	41			
51	Elton	Hood	Silverdale RC	M50	49	0:30'32"12	42			
168	Richard	Ford	Unattached	M50	50	0:30'39"23	43			
237	Aaron	Mills	Staffs Moorlands AC	MSEN	51	0:30'41"07	44			
169	Eliot	Powell	Stoke F.I.T	M45	52	0:30'46"03	45			
289	Julian	Waldron	Trentham RC	M50	53	0:30'47"64	46			
333	Daniel	Jordan	Trentham Rc	M55	54	0:30'51"81	47			
290	Jenna	Espley	Staffs Moorlands AC	FSEN	55	0:31'07"60	8			
349	Adam	Swain-Fossey	Unattached	M45	56	0:31'12"93	48			
76	Chris	Goodfellow	Macclesfield Harriers & AC	M55	57	0:31'14"08	49			
274	Anthony	Jones	Staffs Moorlands AC	M55	58	0:31'16"21	50			
300	Julian	Brown	Macclesfield Harriers & AC	M60	59	0:31'17"91	51			
151	Dave	Clark	Sandbach Striders	M45	60	0:31'20"45	52			
286	Jennifer	Pickering	Biddulph RC	FSEN	61	0:31'21"48	9			
35	Joe	Macha	Boalloy Running Club	MSEN	62	0:31'25"17	53			
336	Sam	Seddon	Unattached	MSEN	63	0:31'25"57	54			
100	Paul	Staley	Unattached	M55	64	0:31'27"86	55			
77	Luke	Wint	Unattached	MSEN	65	0:31'33"95	56			
306	Helen	Saunders	Macclesfield Harriers & AC	FSEN	66	0:31'41"83	10			
273	Tom	Watson	Boalloy Running Club	MSEN	67	0:31'52"30	57			
324	David	Booth	Macclesfield Harriers & AC	M40	68	0:31'56"90	58			
180	James	Burgess	Staffs Moorlands AC	MSEN	69	0:32'09"45	59			
109	Charmaine	Wood	Macclesfield Harriers & AC	F45	70	0:32'10"13	11			
186	Nigel	Atkins	South Derbyshire Road Runners	M60	71	0:32'16"45	60			
44	Carl	Williams	Boalloy Running Club	M60	72	0:32'24"90	61			
322	Nicole	Atherton	Trentham RC	FSEN	73	0:32'35"40	12			
373	Susan	Harrison	Wilmslow Running Club	F50	74	0:32'36"24	13			
303	Mike	Hill	Wilmslow Running Club	M60	75	0:32'54"50	62			

115	Olivia	Larsson	Silverdale RC	FSEN	76	0:32'54"94	14		
60	Paul	Lockett	Staffs Moorlands AC	M50	77	0:32'55"53	63		
40	Leigh	Wykes	Staffs Moorlands AC	M50	78	0:32'56"16	64		
89	Rachel	Clelow	Staffs Moorlands AC	FSEN	79	0:32'57"44	15		
56	Trevor	Haworth	Congleton Harriers	M65	80	0:32'59"50	65		
243	Shan	Preece	Staffs Moorlands AC	FSEN	81	0:33'00"40	16		
379	Nic	Bown	Wilmslow Running Club	M60	82	0:33'01"24	66		
282	Lydia	Bradley	Unattached	FSEN	83	0:33'04"10	17		
33	Steve	Massey	Staffs Moorlands AC	M60	84	0:33'10"42	67		
36	Darcey	Paskin	Trentham RC	FSEN	85	0:33'16"76	18		
159	Jason	Ashworth	Stoke F.I.T	M45	86	0:33'26"37	68		
152	Eva	Mion	Macclesfield Harriers & AC	FSEN	87	0:33'28"31	19		
75	Matt	Marshall	Unattached	MSEN	88	0:33'29"11	69		
188	Samuel	Atkins	Unattached	MSEN	89	0:33'39"62	70		
179	Claire	Taylor	Unattached	F45	90	0:33'41"57	20		
189	Iain	Thacker	Congleton Harriers	M55	91	0:33'45"41	71		
185	Emily	Atkins	South Derbyshire Road Runners	FSEN	92	0:33'48"12	21		
98	Dave	McGuire	Unattached	M45	93	0:33'59"50	72		
150	Antonio	Mion	Running Bear	M60	94	0:34'01"51	73		
66	Jacob	Pearl	Stoke F.I.T	MSEN	95	0:34'07"21	74		
126	James	Simpson	Stoke F.I.T	M50	96	0:34'08"23	75		
197	Louis	Leigh	Unattached	MSEN	97	0:34'09"40	76		
198	Anton	Mellor	Mow Cop Runners	MSEN	98	0:34'14"05	77		
265	Hannah	Arnold	Staffs Moorlands AC	F45	99	0:34'15"76	22		
185	Emily	Atkins	South Derbyshire Road Runners	FSEN	100	0:34'23"79	23		
315	Samuel	Cross	Biddulph RC	MSEN	101	0:34'25"29	78		
335	Steve	Macha	Boalloy Running Club	M60	102	0:34'28"03	79		
154	Richard	Eadie	Congleton Harriers	M55	103	0:34'29"62	80		
167	Thomas	Ford	Unattached	MSEN	104	0:34'31"45	81		
196	Mark	Stoddard	Cheadle RC	M55	105	0:34'34"10	82		
263	Peter	Adams	Staffs Moorlands AC	M50	106	0:34'38"41	83		
140	Jason	White	Staffs Moorlands AC	M55	107	0:34'39"19	84		
353	Fiona	Gunning	Boalloy Running Club	F40	108	0:34'40"12	24		
176	Thomas	Wilkinson	Unattached	M40	109	0:34'43"40	85		
371	Andy	Watts	Wilmslow Running Club	M75	110	0:34'51"45	86		
305	Ellie	Dick	Congleton Harriers	F45	111	0:34'53"10	25		
316	Kevin	Hughes	Congleton Harriers	M45	112	0:34'58"88	87		
378	Tracy	Bown	Wilmslow Running Club	F60	113	0:35'09"57	26		
323	Robert	Kenyon	Unattached	M50	114	0:35'12"43	88		
310	Aaron	Horrell	Unattached	MSEN	115	0:35'17"21	89		
370	Chloe	Nahum-Claudel	Macclesfield Harriers & AC	F40	116	0:35'17"77	27		
149	Suzanne	Corden	Staffs Moorlands AC	F50	117	0:35'20"06	28		
256	Arthur	Davison	Biddulph RC	MSEN	118	0:35'25"90	90		
248	Mark	Dean	Staffs Moorlands AC	M60	119	0:35'27"17	91		
81	Laurence	Regan	Staffs Moorlands AC	M55	120	0:35'33"40	92		
361	Geoff	Pettengell	Mow Cop Runners	M65	121	0:35'35"82	93		
299	Joanna	Miles	Macclesfield Harriers & AC	F60	122	0:35'42"30	29		
69	Harry	Julian	Trentham RC	MSEN	123	0:35'43"18	94		
122	Pippa	Price	Running Bear	F60	124	0:36'00"88	30		
344	Lizzy	Newham	Congleton Harriers	FSEN	125	0:36'04"90	31		
356	Andy	Thorp	Macclesfield Harriers & AC	M60	126	0:36'10"30	95		
276	Kevin	Mottram	Buxton AC	M50	127	0:36'14"50	96		
262	Steve	Russell	Wilmslow Running Club	M65	128	0:36'28"36	97		
174	Kate	Franklin	Macclesfield Harriers & AC	F40	129	0:36'29"08	32		
74	John	Hughes	Staffs Moorlands AC	M60	130	0:36'33"76	98		
41	Alicia	Gilbert	Silverdale RC	F40	131	0:36'37"50	33		
177	Victoria	Wilkinson	Unattached	FSEN	132	0:36'40"03	34		
112	Holly	Frances	Macclesfield Harriers & AC	F45	133	0:36'40"73	35		
55	Darren	Pearl	North Staffs RR Association	M55	134	0:36'41"44	99		
292	Martha	Gilman	Unattached	FSEN	135	0:36'42"66	36		
240	Mark	Cooper	Biddulph RC	M50	136	0:36'43"66	100		
308	Emma	Brydges	Biddulph RC	FSEN	137	0:36'46"66	37		
252	James	Terry	Staffs Moorlands AC	M45	138	0:36'47"94	101		
45	John	Barber	Boalloy Running Club	M60	139	0:36'50"74	102		
48	Dan	Phillips	Unattached	MSEN	140	0:36'53"82	103		
97	Ryan	Moss	Congleton Harriers	MSEN	141	0:36'58"10	104		
257	Mark	Payne	Biddulph RC	M55	142	0:37'04"10	105		
284	Chloe	Law	Staffs Moorlands AC	FSEN	143	0:37'09"11	38		
374	Joe	Pointon	Unattached	MSEN	144	0:37'09"77	106		
350	Angela	Luznyj	Staffs Moorlands AC	F45	145	0:37'12"10	39		
242	Kate	Brown	Buxton AC	F50	146	0:37'12"84	40		
125	Donna	Futcher	Unattached	F40	147	0:37'13"90	41		
171	Catherine	Egan	Congleton Harriers	FSEN	148	0:37'15"07	42		
67	Olivia	Rhodes	Unattached	FSEN	149	0:37'34"58	43		
68	Marcus	Pearson	Stoke F.I.T	MSEN	150	0:37'35"29	107		
58	Peter	Gibbs	Stoke F.I.T	M50	151	0:37'38"76	108		

166	David	Wallace	Stoke F.I.T	M40	152	0:37'42"85	109		
160	Jennifer	Upstone	Staffs Moorlands AC	FSEN	153	0:37'53"03	44		
301	Emilia	Rusbridge	Congleton Harriers	FSEN	154	0:37'53"74	45		
108	Heather	Rooney	Unattached	F55	155	0:37'55"05	46		
351	Leo	Wheeler	Silverdale RC	MSEN	156	0:37'57"76	110		
93	Janet	Screawn	Wilmslow Running Club	F55	157	0:38'05"02	47		
23	Pucharee Mai	Siribud	Whitchurch Whippets	F45	158	0:38'12"95	48		
183	Joan	Plant	Unattached	F50	159	0:38'21"50	49		
61	Chris	Hinton	Staffs Moorlands AC	M65	160	0:38'22"10	111		
132	Rebecca	Massey Smith	Biddulph RC	FSEN	161	0:38'26"00	50		
309	Daniel	Bradley	Unattached	MSEN	162	0:38'26"61	112		
142	Matt	Wood	Unattached	M45	163	0:38'59"62	113		
347	Kerry	Morris	Trentham Rc	F50	164	0:39'07"34	51		
346	Jolian	Morris	Trentham RC	M55	165	0:39'08"82	114		
78	Jack	Lomas	Unattached	MSEN	166	0:39'16"50	115		
254	Martha	Ceuppens	Unattached	FSEN	167	0:39'17"85	52		
31	Rachael	Shankland	Stoke F.I.T	F40	168	0:39'25"70	53		
96	Jackie	Moss	Congleton Harriers	F45	169	0:39'28"77	54		
163	Stephen	Plant	Staffs Moorlands AC	M70	170	0:39'31"15	116		
95	David	Bloor	Congleton Harriers	M75	171	0:39'35"37	117		
319	David	Heard	Unattached	MSEN	172	0:39'36"21	118		
146	Bethan	Ambler	Congleton Harriers	F45	173	0:39'38"31	55		
358	Emily	Proudlove	Congleton Harriers	FSEN	174	0:39'43"71	56		
318	Victoria	Kerr	Mow Cop Runners	F50	175	0:39'48"23	57		
105	Caroline	Stonier	Congleton Harriers	F50	176	0:40'23"44	58		
288	Jane	Graham	Unattached	F45	177	0:40'31"26	59		
297	Poppy	Prentice	Mow Cop Runners	FSEN	178	0:40'35"45	60		
134	Catherine	Machin	Wilmslow Running Club	F45	179	0:41'02"50	61		
337	Dave	Edge	Staffs Moorlands AC	M70	180	0:41'12"81	119		
380	Alex	Spragg	Staffs Moorlands AC	F50	181	0:41'24"84	62		
363	Sarah	Miles	Running Bear	F45	182	0:41'30"85	63		
317	Ianka	Evans	Mow Cop Runners	F55	183	0:41'36"17	64		
260	John	Porteous	Wilmslow Running Club	M70	184	0:41'56"11	120		
110	Gary	Morris	Stoke F.I.T	M40	185	0:42'03"21	121		
99	Carly	Chawner	Stoke F.I.T	FSEN	186	0:42'15"34	65		
102	Lee	Robertson	Unattached	MSEN	187	0:42'16"34	122		
327	Andrew	Addis	Mow Cop Runners	M70	188	0:42'19"94	123		
268	Christopher	Ridgway	Congleton Harriers	M40	189	0:42'21"39	124		
270	Daniel	Mellor	Congleton Harriers	MSEN	190	0:42'22"29	125		
239	Wendy	McMahon	Macclesfield Harriers & AC	F45	191	0:42'31"16	66		
21	Brian	Tonks	Trentham Rc	M65	192	0:42'51"40	126		
271	Chris	Turner	Staffs Moorlands AC	M40	193	0:42'52"10	127		
244	Vivienne	Ross	Staffs Moorlands AC	F55	194	0:42'52"81	67		
29	Sarah	Guise	Buxton AC	F55	195	0:42'54"72	68		
26	Rosie	Dinnen	Buxton AC	F50	196	0:43'04"64	69		
133	Katie	Nuttall	Unattached	F40	197	0:43'10"45	70		
39	Anthony	Hulme	Macclesfield Harriers & AC	M75	198	0:43'14"62	128		
111	Laura	Morris	Stoke F.I.T	FSEN	199	0:43'17"30	71		
104	Liz	Ross	Stoke F.I.T	FSEN	200	0:43'22"93	72		
145	Carolyn	Hirons	Wilmslow Running Club	F60	201	0:43'34"40	73		
115	Olivia	Larsson	Silverdale RC	FSEN	202	0:43'35"17	74		
113	Charles	Larsson	Silverdale RC	M55	203	0:43'35"93	129		
366	Mandy	Bettany	Trentham RC	F50	204	0:44'14"98	75		
184	Sarah	Richards	Congleton Harriers	F55	205	0:45'29"70	76		
312	Rachel	Bentley	Stoke F.I.T	F40	206	0:45'37"24	77		
313	Stevan	Fern	Stoke F.I.T	M50	207	0:45'37"94	130		
345	Jon	Land	Silverdale RC	M40	208	0:45'39"12	131		
269	Emma	Bettany	Unattached	F55	209	0:45'41"12	78		
357	Hollie	Birkinshaw	Silverdale RC	FSEN	210	0:45'43"85	79		
291	Richard	Lucas	Unattached	M60	211	0:46'09"66	132		
47	Harriet	Lucas	Congleton Harriers	FSEN	212	0:46'10"36	80		
199	David	Taylor	Staffs Moorlands AC	M65	213	0:46'11"50	133		
27	Rachel	Dowle	Buxton AC	F55	214	0:46'12"20	81		
25	Nichola	Sargeant	Buxton AC	F50	215	0:46'13"00	82		
106	David	Baker	Staffs Moorlands AC	M70	216	0:46'29"41	134		
332	Deb	Bree	Unattached	F50	217	0:46'47"12	83		
57	Kerry	Walker	Stoke F.I.T	FSEN	218	0:46'48"48	84		
43	Jonathan	Proud	Unattached	M75	219	0:46'53"21	135		
181	Ella	Lyman	Congleton Harriers	F55	220	0:46'58"26	85		
138	Jo	Owen	Unattached	F40	221	0:47'14"26	86		
136	Jennie	Barr	Unattached	F45	222	0:47'14"98	87		
153	Lisa	Eadie	Unattached	F50	223	0:47'16"10	88		
187	Rebecca	Atkins	South Derbyshire Road Runners	F50	224	0:47'27"77	89		
139	Richard	Benson	Congleton Harriers	M70	225	0:47'57"26	136		
22	Nigel	Lee	Newcastle Staffs Ac	M70	226	0:48'47"85	137		
79	Mike	Turner	Staffs Moorlands Ac	M45	227	0:48'59"62	138		

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