

Number	Forename	Surname	Club	Category	Position	Time	M/F Position
82	Harry	Bond	Staffs Moorlands AC	MSEN	1	0:23'54"19	1
127	Eammon	Clowes	Newcastle (Staffs) Tri Club	MSEN	2	0:24'32"04	2
341	Alexander	Mayne	Cheadle RC	MSEN	3	0:26'08"84	3
283	Conor	Clancy	Staffs Moorlands AC	MSEN	4	0:26'30"00	4
355	Simon	Davies	Mow Cop Runners	M40	5	0:26'51"88	5
156	Matthew	Statham	Staffs Moorlands AC	M45	6	0:26'56"31	6
73	Steve	Crowe	South Cheshire Harriers	MSEN	7	0:27'22"51	7
87	George	Gilman	Macclesfield Harriers & AC	MSEN	8	0:27'44"03	8
157	Nathan	Cherrington	Mow Cop Runners	MSEN	9	0:28'11"63	9
193	Tim	Sharman	Biddulph RC	M45	10	0:28'16"58	10
236	Joe	Keeling	Staffs Moorlands AC	MSEN	11	0:28'26"14	11
352	Tobias	Miller	Unattached	MSEN	12	0:28'30"98	12
182	Jason	Burgess	Staffs Moorlands AC	M50	13	0:28'31"36	13
107	Paul	Shepherd	Staffs Moorlands AC	M40	14	0:28'52"50	14
147	Tom	Radley	Unattached	MSEN	15	0:29'01"19	15
117	David	Ratcliffe	Boalloy Running Club	M50	16	0:29'17"08	16
280	Harry	Hitchen	Unattached	MSEN	17	0:29'30"23	17
272	Isaac	Elkington	Staffs Moorlands AC	MSEN	18	0:29'37"11	18
339	Andy	Taylor	Staffs Moorlands AC	M40	19	0:29'39"50	19
266	Joe	Molyneaux	Staffs Moorlands AC	MSEN	20	0:29'44"04	20
278	David	Heath	Boalloy Running Club	MSEN	21	0:29'54"22	21
59	Andy	Mayers	South Cheshire Harriers	M55	22	0:29'58"22	22
94	Stuart	Rider	Congleton Harriers	M45	23	0:30'11"17	23
334	Zach	Holmes	Macclesfield Harriers & AC	MSEN	24	0:30'16"31	24
63	Mark	Shallcross	Trentham RC	MSEN	25	0:30'17"08	25
103	Thomas	Ryder	Staffs Moorlands AC	MSEN	26	0:30'18"77	26
101	Shaun	Chambers	Salford Harriers	M60	27	0:30'29"64	27
37	Ian	Heath	Trentham RC	M60	28	0:30'37"33	28
251	Joshua	Goodwin	Unattached	MSEN	29	0:30'39"96	29
129	Rebecca	Jackson	Wilmslow Running Club	FSEN	30	0:30'46"20	1
343	Andrew	Martin	Biddulph RC	M50	31	0:30'48"51	30
49	David	Ball	None	MSEN	32	0:30'50"57	31
342	James	Wood	Macclesfield Harriers & AC	M45	33	0:31'01"77	32
241	Jonty	Brown	Buxton AC	MSEN	34	0:31'10"81	33
52	Joanne	Stanfield	Trentham RC	F55	35	0:31'15"78	2
161	Adam	Huxley	Stoke F.I.T	MSEN	36	0:31'23"01	34
38	Deborah	Thomas	Trentham Rc	F45	37	0:31'24"91	3
20	Matthew	Potts	Staffs Moorlands AC	M45	38	0:31'26"00	35
306	Helen	Saunders	Macclesfield Harriers & AC	FSEN	39	0:31'35"49	4
172	Marlon	Martin	Trentham RC	MSEN	40	0:31'49"88	36
124	Charlie	Futcher	Unattached	M45	41	0:31'50"88	37
324	David	Booth	Macclesfield Harriers & AC	M40	42	0:31'53"33	38
365	Faye	Sharpley	Macclesfield Harriers & AC	F40	43	0:32'05"16	5
90	Phil	Heath	Unattached	M45	44	0:32'08"79	39
238	Liam	Fenton	Mow Cop Runners	MSEN	45	0:32'26"52	40
336	Sam	Seddon	Unattached	MSEN	46	0:32'32"98	41
151	Dave	Clark	Sandbach Striders	M45	47	0:32'36"17	42
362	Kristy	Thorp	Macclesfield Harriers & AC	F50	48	0:32'42"49	6
300	Julian	Brown	Macclesfield Harriers & AC	M60	49	0:32'48"55	43
169	Eliot	Powell	Stoke F.I.T	M45	50	0:33'05"11	44
333	Daniel	Jordan	Trentham Rc	M55	51	0:33'11"98	45
330	Matthew	Ling	Congleton Harriers	M50	52	0:33'15"72	46
168	Richard	Ford	Unattached	M50	53	0:33'25"41	47
128	Nia	Nokes	Tipton Harriers	FSEN	54	0:33'38"67	7
164	Alex	Hartley	Unattached	MSEN	55	0:33'49"11	48
253	Tracy	Latham	Boalloy Running Club	F45	56	0:33'53"22	8
35	Joe	MacHa	Boalloy Running Club	MSEN	57	0:33'59"24	49
307	Lewis	Edwards	South Cheshire Harriers	MSEN	58	0:34'02"51	50

66	Jacob	Peart	Stoke F.I.T	MSEN	59	0:34'06"01	51
351	Leo	Wheeler	Silverdale RC	MSEN	60	0:34'08"52	52
80	Chris	Joyce	Unattached	MSEN	61	0:34'17"53	53
167	Thomas	Ford	Unattached	MSEN	62	0:34'19"08	54
170	Tom	Perry	Unattached	MSEN	63	0:34'20"99	55
273	Tom	Watson	Boalloy Running Club	MSEN	64	0:34'29"33	56
237	Aaron	Mills	Staffs Moorlands AC	MSEN	65	0:34'36"69	57
83	Mark	Smith	Congleton Harriers	M45	66	0:34'50"55	58
76	Chris	Goodfellow	Macclesfield Harriers & AC	M55	67	0:34'51"71	59
109	Charmaine	Wood	Macclesfield Harriers & AC	F45	68	0:34'53"91	9
60	Paul	Lockett	Staffs Moorlands AC	M50	69	0:35'00"36	60
338	Adam	Badenjiki	Unattached	MSEN	70	0:35'01"58	61
290	Jenna	Espley	Staffs Moorlands AC	FSEN	71	0:35'04"14	10
322	Nicole	Atherton	Trentham RC	FSEN	72	0:35'08"79	11
33	Steve	Massey	Staffs Moorlands AC	M60	73	0:35'11"96	62
194	Chris	Watson	Trentham RC	MSEN	74	0:35'22"17	63
243	Shan	Preece	Staffs Moorlands AC	FSEN	75	0:35'59"40	12
316	Kevin	Hughes	Congleton Harriers	M45	76	0:36'01"74	64
143	Adam	Geens	Staffs Moorlands AC	M45	77	0:36'04"65	65
69	Harry	Julian	Trentham RC	MSEN	78	0:36'16"11	66
36	Darcey	Paskin	Trentham RC	FSEN	79	0:36'17"91	13
255	Jason	Peach	Biddulph RC	M50	80	0:36'21"17	67
335	Steve	MacHa	Boalloy Running Club	M60	81	0:36'26"75	68
159	Jason	Ashworth	Stoke F.I.T	M45	82	0:36'30"66	69
361	Geoff	Pettengell	Mow Cop Runners	M65	83	0:36'39"88	70
353	Fiona	Gunning	Boalloy Running Club	F40	84	0:36'41"91	14
367	Francesca	Picucci	Unattached	FSEN	85	0:36'42"81	15
198	Anton	Mellor	Mow Cop Runners	MSEN	86	0:36'44"23	71
51	Elton	Hood	Silverdale RC	M50	87	0:36'46"93	72
186	Nigel	Atkins	South Derbyshire Road Runners	M60	88	0:36'48"16	73
140	Jason	White	Staffs Moorlands AC	M55	89	0:36'58"41	74
98	Dave	McGuire	Unattached	M45	90	0:37'02"11	75
77	Luke	Wint	Unattached	MSEN	91	0:37'05"42	76
150	Antonio	Mion	Running Bear	M60	92	0:37'13"37	77
165	James	Lewis	Stoke F.I.T	M45	93	0:37'20"80	78
89	Rachel	Clewlow	Unattached	FSEN	94	0:37'27"11	16
126	James	Simpson	Stoke F.I.T	M50	95	0:37'33"69	79
71	Cara	Moss	Congleton Harriers	FSEN	96	0:37'40"46	17
285	Matthew	Hales	Staffs Moorlands AC	M40	97	0:37'44"71	80
282	Lydia	Bradley	Unattached	FSEN	98	0:37'45"71	18
323	Robert	Kenyon	Unattached	M50	99	0:37'56"18	81
197	Louis	Leigh	Unattached	MSEN	100	0:37'58"35	82
179	Claire	Taylor	Unattached	F45	101	0:37'58"96	19
310	Aaron	Horrell	Unattached	MSEN	102	0:38'00"30	83
114	Sally	Gilliver	Running Bear	F65	103	0:38'16"86	20
152	Eva	Mion	Macclesfield Harriers & AC	FSEN	104	0:38'20"31	21
350	Angela	Luznyj	Staffs Moorlands AC	F45	105	0:38'22"98	22
48	Dan	Phillips	Unattached	MSEN	106	0:38'24"08	84
315	Samuel	Cross	Biddulph RC	MSEN	107	0:38'27"11	85
286	Jennifer	Pickering	Biddulph RC	FSEN	108	0:38'30"67	23
287	Jack	Stewart	Biddulph RC	MSEN	109	0:38'32"11	86
356	Andy	Thorp	Macclesfield Harriers & AC	M60	110	0:38'33"26	87
155	Martin	Sands	Congleton Harriers	M55	111	0:38'46"11	88
344	Lizzy	Newham	Congleton Harriers	FSEN	112	0:38'50"31	24
70	Jo	Moss	Sandbach Striders	F55	113	0:38'56"63	25
293	Antonio	Sardinha	Congleton Harriers	M50	114	0:39'05"86	89
61	Chris	Hinton	Staffs Moorlands AC	M65	115	0:39'10"51	90
276	Kevin	Mottram	Buxton AC	M50	116	0:39'14"76	91
249	Mark	Platts	Staffs Moorlands AC	M50	117	0:39'19"85	92

256	Arthur	Davison	Biddulph RC	MSEN	118	0:39'21"04	93
149	Suzanne	Corden	Staffs Moorlands AC	F50	119	0:39'22"51	26
74	John	Hughes	Staffs Moorlands AC	M60	120	0:39'30"41	94
292	Martha	Gilman	Unattached	FSEN	121	0:39'36"74	27
81	Laurence	Regan	Staffs Moorlands AC	M55	122	0:39'44"87	95
148	Fiona	Ridout	Unattached	FSEN	123	0:39'48"54	28
265	Hannah	Arnold	Staffs Moorlands AC	F45	124	0:39'53"52	29
305	Ellie	Dick	Congleton Harriers	F45	125	0:39'54"44	30
299	Joanna	Miles	Macclesfield Harriers & AC	F60	126	0:39'58"67	31
160	Jennifer	Upstone	Staffs Moorlands AC	FSEN	127	0:40'10"08	32
248	Mark	Dean	Staffs Moorlands AC	M60	128	0:40'13"37	96
47	Harriet	Lucas	Congleton Harriers	FSEN	129	0:40'25"89	33
55	Darren	Pear	North Staffs RR Association	M55	130	0:40'32"58	97
102	Lee	Robertson	Unattached	MSEN	131	0:40'38"21	98
99	Carly	Chawner	Stoke F.I.T	FSEN	132	0:40'39"22	34
268	Christopher	Ridgway	Congleton Harriers	M40	133	0:40'40"19	99
308	Emma	Brydges	Biddulph RC	FSEN	134	0:40'47"81	35
97	Ryan	Moss	Congleton Harriers	MSEN	135	0:40'50"70	100
174	Kate	Franklin	Macclesfield Harriers & AC	F40	136	0:40'57"51	36
132	Rebecca	Massey Smith	Biddulph RC	FSEN	137	0:41'04"79	37
254	Martha	Ceuppens	Unattached	FSEN	138	0:41'07"36	38
141	Jeremy	Brookes	Biddulph RC	M50	139	0:41'12"03	101
58	Peter	Gibbs	Stoke F.I.T	M50	140	0:41'18"83	102
122	Pippa	Price	Running Bear	F60	141	0:41'19"96	39
288	Jane	Graham	Unattached	F45	142	0:41'28"24	40
247	Harry	Dean	Unattached	MSEN	143	0:41'30"33	103
146	Bethan	Ambler	Congleton Harriers	F45	144	0:41'31"27	41
262	Steve	Russell	Wilmslow Running Club	M65	145	0:41'32"86	104
257	Mark	Payne	Biddulph RC	M55	146	0:41'34"04	105
45	John	Barber	Boalloy Running Club	M60	147	0:41'35"17	106
309	Daniel	Bradley	Unattached	MSEN	148	0:41'39"81	107
242	Kate	Brown	Buxton AC	F50	149	0:41'50"14	42
295	Peter	Woods	Congleton Harriers	M45	150	0:42'07"58	108
72	Clare	Bratt	Stoke F.I.T	F45	151	0:42'42"03	43
23	Pucharee Mai	Siribud	Whitchurch Whippets	F45	152	0:42'54"81	44
27	Rachel	Dowle	Buxton AC	F55	153	0:43'02"60	45
41	Alicia	Gilbert	Silverdale RC	F40	154	0:43'30"40	46
301	Emilia	Rusbridge	Congleton Harriers	FSEN	155	0:43'32"48	47
29	Sarah	Guise	Buxton AC	F55	156	0:43'39"20	48
363	Sarah	Miles	Running Bear	F45	157	0:43'56"90	49
137	John	Vel	Macclesfield Harriers & AC	M60	158	0:44'05"01	109
270	Daniel	Mellor	Congleton Harriers	MSEN	159	0:44'07"23	110
125	Donna	Futcher	Unattached	F40	160	0:44'08"08	50
317	Ianka	Evans	Mow Cop Runners	F55	161	0:44'17"37	51
358	Emily	Proudlove	Congleton Harriers	FSEN	162	0:44'25"96	52
321	Ian	Ankers	Staffs Moorlands AC	M75	163	0:44'29"33	111
166	David	Wallace	Stoke F.I.T	M40	164	0:44'30"44	112
163	Stephen	Plant	Staffs Moorlands AC	M70	165	0:44'46"31	113
91	Harriet	Wood	Unattached	F40	166	0:44'57"17	53
78	Jack	Lomas	Unattached	MSEN	167	0:45'14"52	114
313	Stevan	Fern	Stoke F.I.T	M50	168	0:45'19"50	115
240	Mark	Cooper	Biddulph RC	M50	169	0:45'44"08	116
337	Dave	Edge	Staffs Moorlands AC	M70	170	0:46'08"71	117
271	Chris	Turner	Staffs Moorlands AC	M40	171	0:46'18"16	118
121	Faye	Gaunt	Congleton Harriers	FSEN	172	0:46'21"31	54
327	Andrew	Addis	Mow Cop Runners	M70	173	0:46'38"78	119
110	Gary	Morris	Stoke F.I.T	M40	174	0:46'39"17	120
259	Fraser	Page	Biddulph RC	MSEN	175	0:46'39"66	121
314	Laura	Weston	Lonely Goat RC	FSEN	176	0:46'44"68	55

133	Katie	Nuttall	Unattached	F40	177	0:47'03"55	56
26	Rosie	Dinnen	Buxton AC	F50	178	0:47'11"21	57
139	Richard	Benson	Congleton Harriers	M70	179	0:47'26"83	122
297	Poppy	Prentice	Mow Cop Runners	FSEN	180	0:47'33"53	58
95	David	Bloor	Congleton Harriers	M75	181	0:47'54"53	123
39	Anthony	Hulme	Macclesfield Harriers & AC	M75	182	0:48'00"08	124
364	Amy	Carney	Biddulph RC	F45	183	0:48'02"17	59
96	Jackie	Moss	Congleton Harriers	F45	184	0:48'07"05	60
50	Steve	Parton	Stoke F.I.T	M45	185	0:48'25"11	125
366	Mandy	Bettany	Trentham RC	F50	186	0:49'08"77	61
291	Richard	Lucas	Unattached	M60	187	0:50'10"40	126
281	Nicholas	Wylie	Newport and District RC	M65	188	0:50'11"11	127
31	Rachael	Shankland	Stoke F.I.T	F40	189	0:50'31"46	62
319	David	Heard	Unattached	MSEN	190	0:50'51"42	128
195	Donna	Charlesworth-Simpson	Congleton Harriers	F60	191	0:51'18"36	63
332	Deb	Bree	Unattached	F50	192	0:51'28"88	64
199	David	Taylor	Staffs Moorlands AC	M65	193	0:51'36"77	129
269	Emma	Bettany	Unattached	F55	194	0:51'45"58	65
239	Wendy	McMahon	Macclesfield Harriers & AC	F45	195	0:51'49"62	66
21	Brian	Tonks	Trentham Rc	M65	196	0:51'51"26	130
104	Liz	Ross	Stoke F.I.T	FSEN	197	0:51'52"37	67
184	Sarah	Richards	Congleton Harriers	F55	198	0:52'23"67	68
181	Ella	Lyman	Congleton Harriers	F55	199	0:52'33"22	69
64	Zoe	Grant	Stoke F.I.T	F45	200	0:52'42"53	70
357	Hollie	Birkinshaw	Silverdale RC	FSEN	201	0:53'15"38	71
62	Louise	Gibbs	Stoke F.I.T	F50	202	0:53'21"65	72
111	Laura	Morris	Stoke F.I.T	FSEN	203	0:53'44"46	73
57	Kerry	Walker	Stoke F.I.T	FSEN	204	0:54'51"77	74
187	Rebecca	Atkins	South Derbyshire Road Runners	F50	205	0:55'53"40	75
185	Emily	Atkins	South Derbyshire Road Runners	FSEN	206	0:55'54"44	76
30	Christopher	Hallworth	Buxton AC	M50	207	0:57'18"42	131
188	Samuel	Atkins	Unattached	MSEN	208	0:58'10"30	132
22	Nigel	Lee	Newcastle Staffs Ac	M70	209	1:03'10"00	133
360	Malcolm	Rushton	Trentham Rc	M75	210	1:18'10"00	134
235	Mark	Taylor	Staffs Moorlands AC	M40	211	1:19'58"00	135