

Number	Forename	Surname	Club	Category	Position	Time	M/F Position
127	Eammon	Clowes	Newcastle (Staffs) Tri Club	MSEN	1	0:26'06"44	1
82	Harry	Bond	Staffs Moorlands AC	MSEN	2	0:26'45"32	2
53	Fin	Pettie	Macclesfield Harriers & AC	MSEN	3	0:27'57"43	3
73	Steve	Crowe	South Cheshire Harriers	MSEN	4	0:28'52"52	4
156	Matthew	Statham	Staffs Moorlands AC	M45	5	0:29'10"83	5
131	Robert	Jackson	Wilmslow Running Club	M40	6	0:29'19"76	6
182	Jason	Burgess	Staffs Moorlands AC	M50	7	0:29'27"56	7
84	Alex	Wood	Staffs Moorlands AC	MSEN	8	0:29'31"22	8
311	Conor	Leese	Staffs Moorlands AC	MSEN	9	0:29'34"19	9
283	Conor	Clancy	Staffs Moorlands AC	MSEN	10	0:29'39"11	10
193	Tim	Sharman	Biddulph RC	M45	11	0:30'02"17	11
157	Nathan	Cherrington	Mow Cop Runners	MSEN	12	0:30'13"28	12
272	Isaac	Elkington	Staffs Moorlands AC	MSEN	13	0:30'14"20	13
147	Tom	Radley	Unattached	MSEN	14	0:30'15"33	14
65	Markus	Dalgaard	Wilmslow Running Club	MSEN	15	0:30'27"46	15
87	George	Gilman	Macclesfield Harriers & AC	MSEN	16	0:30'31"65	16
161	Adam	Huxley	Stoke F.I.T	MSEN	17	0:30'46"80	17
59	Andy	Mayers	South Cheshire Harriers	M55	18	0:30'48"08	18
86	Glyn	Pattinson	Cheadle RC	M55	19	0:30'49"20	19
28	Stephen	McLean	Sandbach Striders	MSEN	20	0:30'51"78	20
107	Paul	Shepherd	Staffs Moorlands AC	M40	21	0:31'04"32	21
236	Joe	Keeling	Staffs Moorlands AC	MSEN	22	0:31'10"27	22
238	Liam	Fenton	Mow Cop Runners	MSEN	23	0:31'10"87	23
24	David	Bethell	Staffs Moorlands AC	M40	24	0:31'14"96	24
280	Harry	Hitchen	Unattached	MSEN	25	0:31'17"04	25
94	Stuart	Rider	Congleton Harriers	M45	26	0:31'27"99	26
173	Thomas	Minshull	Boalloy Running Club	MSEN	27	0:31'32"28	27
129	Rebecca	Jackson	Wilmslow Running Club	FSEN	28	0:31'35"60	1
85	Michael	Clelow	Staffs Moorlands AC	M45	29	0:31'47"42	28
278	David	Heath	Boalloy Running Club	MSEN	30	0:31'49"84	29
49	David	Ball	None	MSEN	31	0:31'53"29	30
63	Mark	Shallcross	Trentham RC	MSEN	32	0:31'59"78	31
103	Thomas	Ryder	Staffs Moorlands AC	MSEN	33	0:32'06"43	32
117	David	Ratcliffe	Boalloy Running Club	M50	34	0:32'09"12	33
101	Shaun	Chambers	Salford Harriers	M60	35	0:32'11"75	34
251	Joshua	Goodwin	Unattached	MSEN	36	0:32'19"24	35
241	Jonty	Brown	Buxton AC	MSEN	37	0:32'27"42	36
52	Joanne	Stanfield	Trentham RC	F55	38	0:32'30"49	2
320	Richard	Harrison	Wilmslow Running Club	M50	39	0:32'35"33	37
175	Chris	Bottomley	Boalloy Running Club	MSEN	40	0:32'36"56	38
194	Chris	Watson	Trentham RC	MSEN	41	0:32'51"87	39
135	Stephen	Greaves	Wilmslow Running Club	M55	42	0:32'53"16	40
245	Seb	Mueller	Unattached	MSEN	43	0:32'56"08	41
258	Martin	Evans	Staffs Moorlands AC	M45	44	0:33'00"97	42
92	Graham	Screawn	Wilmslow Running Club	M55	45	0:33'06"70	43
164	Alex	Hartley	Unattached	MSEN	46	0:33'11"52	44
172	Marlon	Martin	Trentham RC	MSEN	47	0:33'18"96	45
330	Matthew	Ling	Congleton Harriers	M50	48	0:33'20"28	46
144	Andrew	Pegg	Unattached	M45	49	0:33'23"51	47
296	Chris	Gorman	Mow Cop Runners	M40	50	0:33'30"79	48
128	Nia	Nokes	Tipton Harriers	FSEN	51	0:33'34"56	3
266	Joe	Molyneaux	Staffs Moorlands AC	MSEN	52	0:33'58"80	49

46	Tony	Dyche	Biddulph RC	M50	53	0:34'02"43	50
38	Deborah	Thomas	Trentham Rc	F45	54	0:34'05"39	4
261	Emma	Docksey	Staffs Moorlands AC	FSEN	55	0:34'14"20	5
37	Ian	Heath	Trentham RC	M60	56	0:34'17"17	51
123	Colin	Watret	Congleton Harriers	M50	57	0:34'23"08	52
124	Charlie	Futcher	Unattached	M45	58	0:34'39"57	53
289	Julian	Waldron	Trentham RC	M50	59	0:34'40"85	54
273	Tom	Watson	Boalloy Running Club	MSEN	60	0:34'43"78	55
307	Lewis	Edwards	South Cheshire Harriers	MSEN	61	0:34'45"49	56
169	Eliot	Powell	Stoke F.I.T	M45	62	0:34'47"72	57
75	Matt	Marshall	Unattached	MSEN	63	0:34'48"51	58
170	Tom	Perry	Unattached	MSEN	64	0:34'52"21	59
20	Matthew	Potts	Staffs Moorlands AC	M45	65	0:34'56"39	60
151	Dave	Clark	Sandbach Striders	M45	66	0:34'58"19	61
168	Richard	Ford	Unattached	M50	67	0:35'00"87	62
180	James	Burgess	Staffs Moorlands AC	MSEN	68	0:35'06"96	63
51	Elton	Hood	Silverdale RC	M50	69	0:35'08"31	64
80	Chris	Joyce	Unattached	MSEN	70	0:35'11"41	65
303	Mike	Hill	Wilmslow Running Club	M60	71	0:35'13"61	66
275	Tom	Ray	Mow Cop Runners	M40	72	0:35'19"51	67
88	Phil	Plant	Cheadle RC	M50	73	0:35'26"12	68
324	David	Booth	Macclesfield Harriers & AC	M40	74	0:35'28"83	69
237	Aaron	Mills	Staffs Moorlands AC	MSEN	75	0:35'31"12	70
159	Jason	Ashworth	Stoke F.I.T	M45	76	0:35'33"35	71
300	Julian	Brown	Macclesfield Harriers & AC	M60	77	0:35'34"75	72
185	Emily	Atkins	South Derbyshire Road Runners	FSEN	78	0:35'42"34	6
287	Jack	Stewart	Biddulph RC	MSEN	79	0:35'44"08	73
286	Jennifer	Pickering	Biddulph RC	FSEN	80	0:35'44"90	7
274	Anthony	Jones	Staffs Moorlands AC	M55	81	0:35'46"89	74
76	Chris	Goodfellow	Macclesfield Harriers & AC	M55	82	0:35'49"76	75
44	Carl	Williams	Boalloy Running Club	M60	83	0:35'52"70	76
83	Mark	Smith	Congleton Harriers	M45	84	0:35'54"76	77
306	Helen	Saunders	Macclesfield Harriers & AC	FSEN	85	0:35'58"20	8
109	Charmaine	Wood	Macclesfield Harriers & AC	F45	86	0:35'59"25	9
100	Paul	Staley	Unattached	M55	87	0:36'12"80	78
253	Tracy	Latham	Boalloy Running Club	F45	88	0:36'13"85	10
246	George	Dean	Trentham RC	MSEN	89	0:36'23"12	79
60	Paul	Lockett	Staffs Moorlands AC	M50	90	0:36'28"51	80
90	Phil	Heath	Unattached	M45	91	0:36'28"87	81
130	Frances	Jackson	Wilmslow Running Club	FSEN	92	0:36'40"92	11
188	Samuel	Atkins	Unattached	MSEN	93	0:37'02"17	82
165	James	Lewis	Stoke F.I.T	M45	94	0:37'02"99	83
89	Rachel	Clewlow	Unattached	FSEN	95	0:37'05"61	12
322	Nicole	Atherton	Trentham RC	FSEN	96	0:37'06"10	13
243	Shan	Preece	Staffs Moorlands AC	FSEN	97	0:37'27"89	14
102	Lee	Robertson	Unattached	MSEN	98	0:37'37"16	84
40	Leigh	Wykes	Staffs Moorlands AC	M50	99	0:37'39"47	85
316	Kevin	Hughes	Congleton Harriers	M45	100	0:37'40"84	86
290	Jenna	Espley	Staffs Moorlands AC	FSEN	101	0:37'50"25	15
263	Peter	Adams	Staffs Moorlands AC	M50	102	0:37'55"29	87
33	Steve	Massey	Staffs Moorlands AC	M60	103	0:38'02"10	88
282	Lydia	Bradley	Unattached	FSEN	104	0:38'03"61	16
186	Nigel	Atkins	South Derbyshire Road Runners	M60	105	0:38'06"88	89

150	Antonio	Mion	Running Bear	M60	106	0:38'15"60	90
167	Thomas	Ford	Unattached	MSEN	107	0:38'16"28	91
197	Louis	Leigh	Unattached	MSEN	108	0:38'17"75	92
179	Claire	Taylor	Unattached	F45	109	0:38'19"52	17
77	Luke	Wint	Unattached	MSEN	110	0:38'21"24	93
247	Harry	Dean	Unattached	MSEN	111	0:38'23"88	94
36	Darcey	Paskin	Trentham RC	FSEN	112	0:38'33"60	18
56	Trevor	Haworth	Congleton Harriers	M65	113	0:38'41"04	95
48	Dan	Phillips	Unattached	MSEN	114	0:38'41"47	96
255	Jason	Peach	Biddulph RC	M50	115	0:38'42"75	97
71	Cara	Moss	Congleton Harriers	FSEN	116	0:38'48"66	19
249	Mark	Platts	Staffs Moorlands AC	M50	117	0:38'50"65	98
70	Jo	Moss	Sandbach Striders	F55	118	0:38'52"68	20
118	Stephen	Wright	Sandbach Striders	M45	119	0:38'54"10	99
196	Mark	Stoddard	Cheadle RC	M55	120	0:38'58"27	100
66	Jacob	Peart	Stoke F.I.T	MSEN	121	0:39'00"52	101
285	Matthew	Hales	Staffs Moorlands AC	M40	122	0:39'02"52	102
298	Callum	Atkins	Unattached	MSEN	123	0:39'07"10	103
143	Adam	Geens	Staffs Moorlands AC	M45	124	0:39'08"57	104
152	Eva	Mion	Macclesfield Harriers & AC	FSEN	125	0:39'10"37	21
265	Hannah	Arnold	Staffs Moorlands AC	F45	126	0:39'25"65	22
116	Kate	Sutton	Wilmslow Running Club	F60	127	0:39'26"49	23
277	Adam	Carter	Staffs Moorlands AC	MSEN	128	0:39'32"46	105
176	Thomas	Wilkinson	Unattached	M40	129	0:39'34"12	106
126	James	Simpson	Stoke F.I.T	M50	130	0:39'51"04	107
140	Jason	White	Staffs Moorlands AC	M55	131	0:39'53"73	108
293	Antonio	Sardinha	Congleton Harriers	M50	132	0:39'58"22	109
250	Nadiah	Laajam	Wilmslow Running Club	F45	133	0:39'59"11	24
292	Martha	Gilman	Unattached	FSEN	134	0:40'01"28	25
315	Simon	Davies	Mow Cop Runners	M40	135	0:40'03"19	110
114	Sally	Gilliver	Running Bear	F65	136	0:40'05"79	26
302	Tom	Scott	Unattached	MSEN	137	0:40'06"80	111
284	Chloe	Law	Staffs Moorlands AC	FSEN	138	0:40'07"58	27
154	Richard	Eadie	Congleton Harriers	M55	139	0:40'08"37	112
248	Mark	Dean	Staffs Moorlands AC	M60	140	0:40'13"04	113
305	Ellie	Dick	Congleton Harriers	F45	141	0:40'19"78	28
191	Holly	Lucas	Wilmslow Running Club	FSEN	142	0:40'33"80	29
47	Harriet	Lucas	Congleton Harriers	FSEN	143	0:40'34"99	30
69	Harry	Julian	Trentham RC	MSEN	144	0:40'35"91	114
97	Ryan	Moss	Congleton Harriers	MSEN	145	0:40'38"08	115
155	Martin	Sands	Congleton Harriers	M55	146	0:40'42"49	116
198	Anton	Mellor	Mow Cop Runners	MSEN	147	0:40'46"70	117
149	Suzanne	Corden	Staffs Moorlands AC	F50	148	0:40'53"19	31
142	Matt	Wood	Unattached	M45	149	0:40'55"52	118
256	Arthur	Davison	Biddulph RC	MSEN	150	0:41'05"08	119
252	James	Terry	Staffs Moorlands AC	M45	151	0:41'14"29	120
299	Joanna	Miles	Macclesfield Harriers & AC	F60	152	0:41'22"04	32
257	Mark	Payne	Biddulph RC	M55	153	0:41'23"12	121
264	Steven	Stanton	Unattached	MSEN	154	0:41'24"37	122
276	Kevin	Mottram	Buxton AC	M50	155	0:41'27"33	123
45	John	Barber	Boalloy Running Club	M60	156	0:41'28"66	124
41	Alicia	Gilbert	Silverdale RC	F40	157	0:41'30"77	33
190	Nicky	Mowat	Wilmslow Running Club		158	0:41'39"24	0

81	Laurence	Regan	Staffs Moorlands AC	M55	159	0:41'44"44	125
171	Catherine	Egan	Congleton Harriers	FSEN	160	0:41'45"39	34
262	Steve	Russell	Wilmslow Running Club	M65	161	0:41'48"21	126
122	Pippa	Price	Running Bear	F60	162	0:41'49"88	35
295	Peter	Woods	Congleton Harriers	M45	163	0:41'50"76	127
242	Kate	Brown	Buxton AC	F50	164	0:41'51"46	36
308	Emma	Brydges	Biddulph RC	FSEN	165	0:41'53"35	37
74	John	Hughes	Staffs Moorlands AC	M60	166	0:41'55"81	128
240	Mark	Cooper	Biddulph RC	M50	167	0:41'57"12	129
98	Dave	McGuire	Unattached	M45	168	0:42'00"47	130
310	Aaron	Horrell	Unattached	MSEN	169	0:42'11"49	131
160	Jennifer	Upstone	Staffs Moorlands AC	FSEN	170	0:42'13"42	38
54	Daniel	Smith	Unattached	MSEN	171	0:42'30"12	132
177	Victoria	Wilkinson	Unattached	FSEN	172	0:42'31"47	39
301	Emilia	Rusbridge	Congleton Harriers	FSEN	173	0:42'32"46	40
183	Joan	Plant	Unattached	F50	174	0:42'33"63	41
166	David	Wallace	Stoke F.I.T	M40	175	0:42'34"70	133
148	Fiona	Ridout	Unattached	FSEN	176	0:42'57"60	42
323	Robert	Kenyon	Unattached	M50	177	0:42'58"61	134
141	Jeremy	Brookes	Biddulph RC	M50	178	0:43'04"17	135
309	Daniel	Bradley	Unattached	MSEN	179	0:43'06"85	136
99	Carly	Chawner	Stoke F.I.T	FSEN	180	0:43'11"02	43
146	Bethan	Ambler	Congleton Harriers	F45	181	0:43'13"60	44
268	Christopher	Ridgway	Congleton Harriers	M40	182	0:43'15"24	137
270	Daniel	Mellor	Congleton Harriers	MSEN	183	0:43'16"61	138
55	Darren	Pear	North Staffs RR Association	M55	184	0:43'20"10	139
72	Clare	Bratt	Stoke F.I.T	F45	185	0:43'20"81	45
174	Kate	Franklin	Macclesfield Harriers & AC	F40	186	0:43'21"42	46
112	Holly	Frances	Macclesfield Harriers & AC	F45	187	0:43'22"03	47
125	Donna	Futcher	Unattached	F40	188	0:43'22"66	48
23	Pucharee Mai	Siribud	Whitchurch Whippets	F45	189	0:43'25"74	49
67	Olivia	Rhodes	Unattached	FSEN	190	0:43'30"99	50
68	Marcus	Pearson	Stoke F.I.T	MSEN	191	0:43'31"79	140
329	Sally	Johnston	Wilmslow Running Club	F60	192	0:43'37"44	51
93	Janet	Screawn	Wilmslow Running Club	F55	193	0:43'43"24	52
61	Chris	Hinton	Staffs Moorlands AC	M65	194	0:43'44"52	141
254	Martha	Ceuppens	Unattached	FSEN	195	0:43'54"75	53
279	Laura	Reynolds	Wilmslow Running Club	F45	196	0:43'55"89	54
91	Harriet	Wood	Unattached	F40	197	0:43'56"86	55
318	Victoria	Kerr	Mow Cop Runners	F50	198	0:43'59"10	56
119	Ian	Smallwood	Wilmslow Running Club	M60	199	0:44'20"65	142
78	Jack	Lomas	Unattached	MSEN	200	0:44'32"51	143
108	Heather	Rooney	Unattached	F55	201	0:44'42"70	57
314	Laura	Weston	Lonely Goat RC	FSEN	202	0:44'57"32	58
137	John	Vel	Macclesfield Harriers & AC	M60	203	0:45'07"04	144
163	Stephen	Plant	Staffs Moorlands AC	M70	204	0:45'10"83	145
58	Peter	Gibbs	Stoke F.I.T	M50	205	0:45'12"12	146
132	Rebecca	Massey Smith	Biddulph RC	FSEN	206	0:45'31"27	59
288	Jane	Graham	Unattached	F45	207	0:45'48"67	60
321	Ian	Ankers	Staffs Moorlands AC	M75	208	0:45'52"51	147
96	Jackie	Moss	Congleton Harriers	F45	209	0:46'01"70	61
34	Nuala	Armstrong	Boalloy Running Club	FSEN	210	0:46'04"63	62
35	Joe	MacHa	Boalloy Running Club	MSEN	211	0:46'05"70	148

317	Ianka	Evans	Mow Cop Runners	F55	212	0:46'16"96	63
319	David	Heard	Unattached	MSEN	213	0:46'19"33	149
134	Catherine	MacHin	Wilmslow Running Club	F45	214	0:46'24"08	64
105	Caroline	Stonier	Congleton Harriers	F50	215	0:46'41"96	65
42	Geoff	Channon	Staffs Moorlands AC	M70	216	0:46'53"33	150
260	John	Porteous	Wilmslow Running Club	M70	217	0:47'03"81	151
271	Chris	Turner	Staffs Moorlands AC	M40	218	0:47'39"73	152
138	Jo	Owen	Unattached	F40	219	0:48'06"35	66
239	Wendy	McMahon	Macclesfield Harriers & AC	F45	220	0:48'26"28	67
29	Sarah	Guise	Buxton AC	F55	221	0:48'26"98	68
110	Gary	Morris	Stoke F.I.T	M40	222	0:48'29"95	153
111	Laura	Morris	Stoke F.I.T	FSEN	223	0:48'31"37	69
195	Donna	Charlesworth-Simpson	Congleton Harriers	F60	224	0:48'32"65	70
133	Katie	Nuttall	Unattached	F40	225	0:48'34"10	71
244	Vivienne	Ross	Staffs Moorlands AC	F55	226	0:48'35"94	72
259	Fraser	Page	Biddulph RC	MSEN	227	0:48'36"89	154
104	Liz	Ross	Stoke F.I.T	FSEN	228	0:48'59"83	73
304	Andy	Smallman	Unattached	M70	229	0:49'20"73	155
21	Brian	Tonks	Trentham Rc	M65	230	0:49'23"33	156
121	Faye	Gaunt	Congleton Harriers	FSEN	231	0:49'25"37	74
32	Dawn	Jones	Stoke F.I.T	F50	232	0:49'27"56	75
297	Poppy	Prentice	Mow Cop Runners	FSEN	233	0:49'28"75	76
31	Rachael	Shankland	Stoke F.I.T	F40	234	0:49'30"75	77
26	Rosie	Dinnen	Buxton AC	F50	235	0:49'35"17	78
120	Helen	Gaunt	Congleton Harriers	F50	236	0:49'38"43	79
136	Jennie	Barr	Unattached	F45	237	0:49'41"49	80
281	Nicholas	Wylie	Newport and District RC	M65	238	0:49'56"85	157
184	Sarah	Richards	Congleton Harriers	F55	239	0:49'59"22	81
294	Phillippa	Cooper	Unattached	FSEN	240	0:50'11"61	82
115	Olivia	Larsson	Silverdale RC	FSEN	241	0:50'12"49	83
113	Charles	Larsson	Silverdale RC	M55	242	0:50'13"27	158
158	Charlotte	Statham	Staffs Moorlands AC	F50	243	0:50'18"51	84
327	Andrew	Addis	Mow Cop Runners	M70	244	0:50'28"89	159
162	Claire	Williamson	Staffs Moorlands AC	F55	245	0:50'31"43	85
62	Louise	Gibbs	Stoke F.I.T	F50	246	0:50'38"78	86
27	Rachel	Dowle	Buxton AC	F55	247	0:50'41"22	87
25	Nichola	Sargeant	Buxton AC	F50	248	0:50'42"01	88
39	Anthony	Hulme	Macclesfield Harriers & AC	M75	249	0:51'19"87	160
199	David	Taylor	Staffs Moorlands AC	M65	250	0:51'26"35	161
153	Lisa	Eadie	Unattached	F50	251	0:51'59"42	89
139	Richard	Benson	Congleton Harriers	M70	252	0:52'20"64	162
181	Ella	Lyman	Congleton Harriers	F55	253	0:52'28"44	90
269	Emma	Bettany	Unattached	F55	254	0:52'30"60	91
106	David	Baker	Staffs Moorlands AC	M70	255	0:52'37"28	163
312	Rachel	Bentley	Stoke F.I.T	F40	256	0:52'47"15	92
313	Stevan	Fern	Stoke F.I.T	M50	257	0:52'48"08	164
30	Christopher	Hallworth	Buxton AC	M50	258	0:52'49"16	165
187	Rebecca	Atkins	South Derbyshire Road Runners	F50	259	0:54'00"89	93
178	Ian	Ashcroft	Wilmslow Running Club	M80	260	0:54'06"31	166
43	Jonathan	Proud	Unattached	M75	261	0:54'08"24	167
57	Kerry	Walker	Stoke F.I.T	FSEN	262	0:54'30"35	94
64	Zoe	Grant	Stoke F.I.T	F45	263	0:54'30"89	95
79	Mike	Turner	Staffs Moorlands Ac	M45	264	0:54'46"12	168

291	Richard	Lucas	Unattached	M60	265	0:54'54"94	169
325	Louise	Godden	Unattached	F65	266	0:55'13"21	96
22	Nigel	Lee	Newcastle Staffs Ac	M70	267	0:55'34"88	170
145	Carolyn	Hirons	Wilmslow Running Club	F60	268	0:57'50"12	97
192	Julie	Lucas	Wilmslow Running Club	F60	269	0:57'55"08	98
235	Mark	Taylor	Staffs Moorlands AC	M40	270	1:06'45"81	171